

PAROMITA MITRA BHAUMIK

Consultant Psychologist and Mental health expert / Educationist/ Learning and Development Mentor



Paromita Mitra Bhaumik, a well known Psychologist, working for the cause of mental health, education and coaching for the last 25 years. She is the Founder Director of the renowned Anubhav Positive Psychology Clinic, in south kolkata and is associated with some of the leading hospitals in kolkata. She is currently the HOD of the Department of Clinical Psychology ,for the George Group of Colleges under MAKAUT.

A prolific writer and editor of several books and articles, Paromita is also a highly experienced resource person for training and development of employees and

students. She has more that 500 successful training programs, both national and international to her credit .

Paromita has been a National scholar from Calcutta University and also received her education from NIMHANSBangaluru. She is trained under Professor Stephen Palmer at the institute of stress management London on CBT and is the recipient of “The Rising Leadership Award for the Best Psychologist of the Year 2017 in Psychology” by A.P.S Research Media New Delhi. She is passionate about making a difference in people’s lives with her skills in dealing with issues that affect mental health and wellbeing

Trainer’s Credentials-

1. DC Trainer certified by American Institute of Business Psychology.
2. Member of Directive Communication International.
3. Registered Professional- Rehabilitation council of india CRR - A 04832
4. Life associate member of Indian psychiatric society

CONTACT- +9198300 21567

MAIL- paromitaforyou@gmail.com

WEBSITE- www.paromitamitrabhaumik.com